

Cell Phone Contract

Code of Conduct for you

1. If you break it, you bought it
2. If someone sends you an inappropriate photo or message, delete it and never re-share it or screenshot it. Tell us about it.
3. Don't walk and go on your phone at the same time
4. If someone is talking to you, put your phone down (even better, turn it over or turn it off)
5. If the tv is on, you can't go on your phone on the couch, bring it to the kitchen or dining room to use it
6. Bring it into the kitchen at night
7. Never send someone something mean, inappropriate, or shaming. Once it is on the internet, it lives there forever
8. No porn, it is all fake and teaches you nothing helpful about real life
9. Don't be the one person on the phone when others are not on theirs
10. Call or text us back if we are trying to contact you
11. Be mindful about people adding you and talking to you on apps, they are all likely bot accounts, scammers, or creeps. Only talk to people you actually know IRL
12. No social media until 16 (snapchat, tik tok, FB, IG)
13. No encrypted chat services (whatsapp, discord, etc)
14. Use your common sense, you will come across things that are inappropriate, and it might be hard to not watch/listen/see it, but turn those things off asap and protect your eyeballs and your heart. Once you see it, you can't unsee it
15. Try your best to leave groups where someone is being bullied, say something if you can
16. Your parents will know your pin and may spot-check your phone
17. Set a screentime goal for yourself to manage your own screentime (family goal of <2hr/day on phones)
18. If an app is becoming a distraction turn off notifications and set a timer for the app to keep you from losing track of time
19. No eating and screen
20. No phone in the bathroom, at home
21. Don't take pics or videos of someone who asks you not to
22. Never send pics or videos of someone else without their permission

Code of conduct for us

1. We can take your phone away if you break a code of conduct and you will have to re-earn entry into our trust tree
2. If you are in trouble with how you use your phone, always come to us, we will always help you
3. We will pay your cell bill, within the context of the cell plan (anything over is your responsibility)